



## National Standards for Family and Consumer Sciences Education

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Developed by National Association of State Administrators of Family and Consumer Sciences (NASAFACS)

### Area of Study 7.0

#### Family and Human Services

- Family and Consumer Sciences National Standards are outcomes; that is, expectations of what students should know and be able to do upon completion of the course sequence for a pathway/program of study. As curriculum is developed, the national standards should be utilized as indicators of student achievement at the end of the pathway/program of study. Benchmarks should be developed for student achievement in earlier courses. The standards are grouped by Areas of Study, NOT by courses. It is expected that content knowledge and skills from multiple Areas of Study would be utilized when building courses for state or local uses. For example, standards from Area 1-Career, Community and Life Connections, Area 2 Consumer and Family Resources, and Area 12 Human Development, as well as standards from other Areas of Study, might be incorporated into course sequences for Family and Human Services pathways.

#### Comprehensive Standard

Synthesize knowledge, skills, and practices required for careers in family & human services

##### Content Standards

7.1 Analyze career paths within family and human services

##### Competencies

7.1.1 Explain the roles and functions of individuals engaged in family and human services careers

7.1.2 Investigate opportunities for employment and entrepreneurial endeavors.

7.1.3 Summarize education and training requirements and opportunities for career paths in family and human services

7.1.4 Analyze the effects of family and human service careers on local, state, national, and global economies.

7.1.5 Demonstrate job acquisition skills to gain work-based learning opportunities in family and human services careers.

7.1.6 Analyze the role of professional organizations in family and human services professions

7.2 Analyze factors in providing family and human services.

7.2.1 Describe local, state, and national agencies and informal support resources providing human services

7.2.2 Analyze professional, ethical, legal, and safety issues for human service employees.

7.2.3 Summarize licensing laws and regulations that affect service providers and their participants.

7.2.4 Analyze harmful, fraudulent, unethical, and deceptive human services practices.

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- 7.2.5 Summarize the rights and responsibilities of human service participants and their families.
  - 7.2.6 Analyze effective self-advocacy strategies for human services professionals.
  - 7.2.7 Investigate community-networking opportunities in family and human services.
- 7.3 Demonstrate professional behaviors, skills, and knowledge in providing family and human services.
  - 7.3.1 Evaluate rules, regulations, legal and work site policies that affect employer, employee, personal, and family rights and responsibilities.
  - 7.3.2 Demonstrate professional and ethical behavior with peers in a variety of settings.
  - 7.3.3 Analyze procedures for maintaining accurate and confidential documentation and submission practices.
  - 7.3.4 Demonstrate formal and informal assessment practices that evaluate participants' strengths, needs, preferences, and interests across the life span.
  - 7.3.5 Demonstrate use of technology in human services.
- 7.4 Analyze the impact of conditions that could influence the well-being of individuals and families.
  - 7.4.1 Investigate health, wellness, and safety issues of individual and families with a variety of conditions that could influence their well-being.
  - 7.4.2 Analyze management and living environment issues of individuals and family conditions that influence their well-being.
  - 7.4.3 Analyze personal, social, emotional, economic, vocational, educational, and recreational issues of individuals and family conditions that influence their well-being.
  - 7.4.4 Differentiate between situations that require personal prevention or intervention and those situations that require professional assistance.
  - 7.4.5 Analyze situations which require crisis intervention.
  - 7.4.6 Summarize the appropriate support needed to address selected human services issues.
- 7.5 Evaluate services for individuals and families with a variety of conditions that could impact their well-being.
  - 7.5.1 Describe needs and accommodations for people with a variety of conditions that could affect their well-being.
  - 7.5.2 Analyze ways in which individuals with conditions that affect their well-being influence the family and

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family members financially, socially, physically, and emotionally over the lifespan.

- 7.5.3 Illustrate coping or adjustment strategies and stress management practices for the participant, a caregiver, and family members.
- 7.5.4 Summarize the importance of friends, family, and community relationships for individuals with a variety of conditions that affect their well-being.
- 7.5.5 Demonstrate ways to provide support that validates the participants' capabilities and right to privacy, dignity, and autonomy.
- 7.5.6 Identify strategies that help participants make informed choices, access resources and support, follow through on responsibilities, and take appropriate risks.
- 7.5.7 Demonstrate effective verbal and nonverbal communication skills that support individuals and families with a variety of conditions that could affect their well-being.