



National Standards for Family and Consumer Sciences Education

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Developed by National Association of State Administrators of Family and Consumer Sciences (NASAFACS)

Area of Study 15.0

Parenting

- Family and Consumer Sciences National Standards are outcomes; that is, expectations of what students should know and be able to do upon completion of the course sequence for a pathway/program of study. As curriculum is developed, the national standards should be utilized as indicators of student achievement at the end of the pathway/program of study. Benchmarks should be developed for student achievement in earlier courses. The standards are grouped by Areas of Study, NOT by courses. It is expected that content knowledge and skills from multiple Areas of Study would be utilized when building courses for state or local uses. For example, standards from Area 15 Parenting might be incorporated into course sequences for Area 3 Consumer Services, Area 4 Education and Early Childhood, and Area 7 Family and Community Services as well as course sequences for additional pathways.

Comprehensive Standard

Evaluate the effects of parenting roles and responsibilities on strengthening the well-being of individuals, families, and society.

Content Standards

15.1 Analyze roles and responsibilities of parenting.

15.2 Evaluate parenting practices that maximize human growth and development.

15.3 Evaluate external support systems that provide services for parents.

Competencies

15.1.1 Analyze parenting roles across the life span.
15.1.2 Analyze expectations and responsibilities of parenting.
15.1.3 Analyze influences of parenting practices on individuals, families, and society.
15.1.4 Analyze societal conditions that influence parenting across the life span.
15.1.5 Explain cultural differences and similarities in roles and responsibilities of parenting.

15.2.1 Analyze nurturing practices that support human growth and development.
15.2.2 Apply communication strategies that promote emotional well-being in family members.
15.2.3 Assess common practices and emerging research about influences of discipline on human growth and development.
15.2.4 Analyze the effects of abuse and neglect on children and families and determine methods for prevention.
15.2.5 Apply criteria for selecting care and services for children and youth.

15.3.1 Analyze community resources and services available to families.
15.3.2 Analyze community resources that provide opportunities related to parenting.

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- 15.3.3 Summarize current laws and policies related to parenting.
- 15.3.4 Analyze impacts of advocacy on laws and policies related to parenting.
- 15.4 Analyze physical and emotional factors related to beginning the parenting process.
 - 15.4.1 Analyze biological processes related to prenatal development, birth, and health of child and mother.
 - 15.4.2 Analyze social, emotional, and environmental factors of prenatal development and birth in relation to the health of parents and child.
 - 15.4.3 Analyze alternatives to biological parenthood.
 - 15.4.4 Analyze legal and ethical impacts of current and emerging technology on fertility and family planning.