



Fall Edition 2017

Family & Consumer Science Educators of Michigan..

A Family & Consumer Science Professional Organization
Promoting Strong Families, Positive Parenting Skills & Healthy Lifestyles

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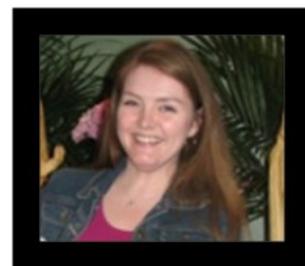
Save the Date:



Winter NL Deadline
February 14

Annual Conference
November 2 -3

Welcome back to the start of a new school year! I hope that all individuals who attended this summer's annual Family and Consumer Science Educators of Michigan (FCSEM) Conference at Western Michigan University were able to take away valuable teaching tools, techniques and connections for use in the classroom. I also hope that it helped in getting you thinking about and ready for the new school year ahead. As I approach the start of my new school year, I thought about goals for the year. I decided that my goal would be to focus on connections.



There were numerous presenters at the conference that I learned and gained a lot from and I want to be sure to keep a connection with those who spoke. For example, Mindfulness in the Classroom from Rita Benn and Natalie Freeburn taught us how to breathe and connect with our mind and body. There was also Suzy Hirsch from Take Charge Today providing lessons and instruction in Personal Finance. Martha Kiander offered many Academic Games for use in the classroom that were entertaining and educational. Finally, we were taught How to Open Doors and Create Opportunity for Your FCS Classroom with Jennifer Warner-Leja. She presented on the many organizations and businesses that are in our communities that are willing to donate their time, energy and resources in our classrooms...for free!

Per my goal, I will reach out to these individuals for help and support in my FCS classroom regarding the topic areas they discussed. Being the lone FCS teacher in my district, making and keeping professional connections such as these, helps me to stay current in FCS practices and thus provide relevant and rigorous curriculum for my students. I can get and stay connected by using our Facebook page (Family and Consumer Science Educators of Michigan), our website (fcsem.org) or by simply reaching out to my colleagues by email or phone. I encourage all of my colleagues to do the same. Keep in touch, reach out and ask questions in order to get the support that you need. Our job can be very overwhelming and stressful at times, but our colleagues are out there and are willing to lend a hand in order to help ease our professional burdens.

So, here's to a great new school year and staying connected! Anne Ribby



C onference Connection



FALL BACK ...



Into an FCSEM

Fall Conference titled:

It's All About Adulthood

Friday and Saturday November 2 & 3

Western Michigan University

Watch your...

⇒ **Email**

⇒ **Website (www.FCSEM.org)**

⇒ **Facebook**

...for details!



ANNOUNCEMENT

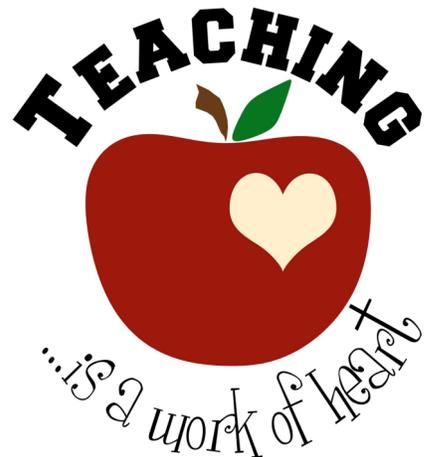


I need your awesome ideas for the newsletter!

Email me a brief description of an activity or idea you use in your classroom and I will work my magic to spruce it up! You can write the information in an email w/o any attachments so it should be very easy to do:)

Please email me, Gloria Rigney at fcsemnewsletter@gmail.com. In the subject line, write "Newsletter Info" so I will be sure to see it.

Thanks!



Please email the information for the next newsletter by February 14th.

Have a great winter holiday.

Share Your Best!

Submitted by Gloria Rigney



I'd like to apologize for not being able to attend the FCSEM conference in August as I know many people were looking forward to learning about my "Teaching with a T.W.I.S.T." idea. So...since I was unable to share my ideas in August, I have decided that I will include them in this year's newsletter. However, that does not get anyone off the "hook" in terms of submitting ideas for our newsletter so, please submit your ideas, after all, we have to be a team!

Take Mondays off:)...not literally of course, but find an activity or assignment that is repetitive, easy to prep, and falls on a specific day of the week. For example, in my Foods II classes, I give a quiz every Monday on cooking terms. At the beginning of the semester, the students are given the list of terms which are broken down by the week and are dated ahead of time—I look at the school calendar to make sure I don't assign on holiday's, testing, etc. Each Monday the students take the quiz, switch and grade and I record the scores right into the computer. If a student misses the quiz, he/she must wait until the next Monday to take the makeup; thus avoiding extra stress for me and the students.

After the quiz, students will work on another assignment; such as reading the novel *Pizza, Love and Other Stuff that Made Me Famous* and completing a scratch doodle; or students may have time to work on their home cooking project, etc.

The point to this "Take Monday's Off" idea is that I don't have to spend a lot of time on Friday or the weekend to prep for this, the students like the fact that they have repetition and those who may have to miss class, know that the make up time will be the following week.

So... how will you "Take Monday's Off" in your class??? Please share! Learn more about my "Teaching with a TWIST" concept in the next edition of the newsletter.



W...
L...
S...
T...



ETC...

Check us out
on the web at
fcsem.org

Haven't you heard? FCSEM is on
the Web!

We are posting lesson plan ideas,
classroom discipline ideas and we
can answer questions that you
pose. Find us and "Like" our page—
Family and Consumer Science Edu-
cators of Michigan.

We cant' wait to network with you!



What's trending?

Do you have something that is
trending in your school? Please
share events, curriculum, lesson
plans, bulletin board ideas and more!
Email an article to the FCSEM news-
letter account and look for it in the
next newsletter.

FCSEMnewsletter@gmail.com



FCSEM